The power of the ACTS retreat comes from being led through the process. What takes place during ACTS isn't some big huge secret. If I went into specific details, you might even roll your eyes and say "Is that all?" I could tell you what happens each night, but you aren't going to know what that moment meant to me, what led me there, how the Holy Spirit spoke to me. If you know the schedule, instead of being focused on allowing the Holy Spirit to work in you, you'll be looking ahead for what's next, missing the power of where you are right then, and you might be underwhelmed by the experience. It's a blessing to not know before you go. You will not regret it.

Trust me when I say that some things just have to be taken on faith.

I entered tentatively. I left opened.

I entered in a dark place. I left filled with light.

I entered broken. I left healed:

I entered cold. I am warmed for Christ.

I was filled with love.

God spoke to me during this retreat and I heard him. Upon returning I started making small changes that helped me heal. That helped me be a different person.

## What Happens at an ACTS Retreat?

Weariness, Silence, Rest. Tears. Forgiveness. Healing. Emotion. Singing. Laughter. Service. Sacrifice. Brotherhood. Love.